October is National Farm to School Month and we want to celebrate our food, those growing it, and those enjoying it by allowing you to create your own celebration! As you build your own initiative, the more you celebrate, the greater the number of classroom supplies you will receive.

This opportunity lets you celebrate Farm to School month by showcasing Farm to School in your own way. Support our local growers and the food they grow while educating your students on the importance of making healthy food choices, while having FUN! Complete the application and pick your level of celebration. **HURRY** -- Farm to School Month is celebrated in October, and while you have a month to celebrate, the signup for this initiative is only available for a few weeks!

**CHECK OUT THESE AWESOME OPPORTUNITIES!!**

**LEVEL 1:** Show your Farm to School spirit by decorating your classroom, hall or CAFETERIA and incorporate a classroom lesson, taste test or try a new recipe focused on Iowa-grown fruits or vegetables.

**LEVEL 2:** Mix it up: Introduce herbs to your classroom. Show your students how a piece of fruit or vegetable can take on new flavors by using herbs in different ways.

**LEVEL 3:** Social Media/Promotional Blitz: Promote Farm to School all the way home to parents. Tweet about your Farm to school activities, have a display at parent teacher conferences, include information in a newsletter, however you reach parents. Follow us on Facebook to post your stories and photos to our Farm to School Facebook page.

**LEVEL 4:** Invite a grower to skype or to come to your class and talk about growing fruits & vegetables and the importance of eating them.

**CHECK OUT THESE AWESOME CLASSROOM SUPPLIES YOU WILL RECEIVE:** (Based on your participation – see application for more details)

- ABC’s of Iowa Farm to School book for students
- Get Growing with Farm to School Bulletin Board Kit
- Herb kit: including Grow Your Own Seed sheets and The Cook’s Herb Garden book
- Pick it Wash it Eat it Food Journals for each student with full of fun activities and challenges
- Classroom supplies such as: MyPlate Pursuit Board Game, fruit & veggie ruler/bookmarks and stickers
- Poster sets: Local Grown Foods, Enjoy More Fruits & Vegetables

*Supplies are limited to 30 per classroom (students) based on availability and age

**Participation Rules:**

**Teachers** who wish to participate in the “Pick It, Wash It, Eat It” Initiative must agree to participate in the activities outlined in the levels selected, complete a performance report and a student summary. Higher priority will be given to those participating in multiple levels. Teachers will receive items based on the selected level of Farm to School Month participation. Please complete the attached form and return to us as soon as possible.

All participation forms must be completed and submitted by September 30, 2017. This initiative is open to all grades. Don’t delay - supplies are limited. No more than 3 applicants per school will be approved. Award notifications will be made by October 6, 2017. If you have any questions regarding this initiative or the Farm to School Program contact: Tammy Stotts by phone, 515-281-7657, or email: tammy.stotts@iowaagriculture.gov